

Preparing For Your Surgery

Surgery Date: _____

You will need to bring:

- Someone to drive you
- Your health card
- Velcro strap or buckle style sandals (you will not be able to wear closed toe shoes or flip flop style sandals)

At home you will need:

- Ibuprofen (Advil) 200mg tablets
- Acetaminophen (Tylenol) 500mg tablets
- Unscented epsom salts (available at any pharmacy)

Gauze required for dressing changes at home:

- 2x2 non-sterile 2-ply sponge gauze (pack of 200 squares)
- 4.1 yards of 2" non-sterile conforming roll bandage gauze (pack of 12 rolls)
- If you are having surgery on both big toes you will need 2 sets of the above dressings

If you have any questions prior to your surgery date please contact our office

Visit the website below for more information about the procedure
www.overgrowntoeskin.ca